



# UMKC SCHOOL OF PHARMACY AND JORDAN VALLEY COMMUNITY HEALTH CENTER

*PGY2 in Ambulatory Care with an emphasis in  
Academia*

## ABOUT OUR PROGRAM

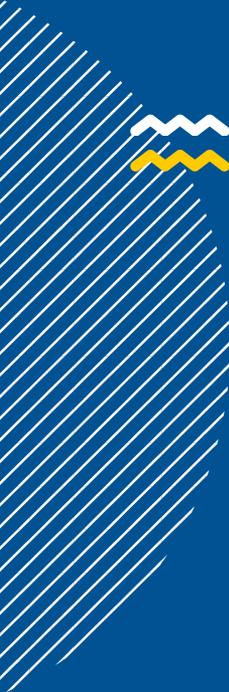
The goal of our residency program is to allow a resident to live the life of a clinical faculty member for a year. In doing so, we aim to prepare the resident to be a successful clinical faculty member or clinical pharmacist by the end of the PGY2 program.



Contact Information  
Residency Program Director  
Lisa M Cillessen, PharmD, BCACP  
Building Number One, Brick City  
327 West Mill Street, Fourth Floor  
Springfield, MO 65806  
Phone: 417-837-3615  
Email: [cillessen@umkc.edu](mailto:cillessen@umkc.edu)



# UNIVERSITY OF MISSOURI - KANSAS CITY



For more than 125 years, the University of Missouri-Kansas City School of Pharmacy has continued its mission to educate, innovate, discover, engage, and serve to improve health. Our pharmacy professional degree program is nationally recognized for community engagement and service learning, and our graduate programs and research activities have led us to consistently rank in the top third of pharmacy schools from the National Institutes of Health. Further, our American Pharmacist Association-Academy of Student Pharmacists chapter is recognized among the top in the country.

We offer rewarding learning and career experiences for students, faculty, and staff in urban and rural settings with sites throughout Missouri in Kansas City, Columbia, and Springfield. As our graduates continue to affect the health of Missourians, we continue to strive to serve others in an altruistic manner, enriching our community through our leadership and seeking excellence in all that we do.



UMKC School of Pharmacy utilizes simultaneous distance learning technology to provide instruction to students in Kansas City (95/class), Columbia (30/class), and Springfield (30/class). The PGY2 resident in Ambulatory Care is housed at our Springfield location.

## SPRINGFIELD

Springfield located on Missouri State University's campus in Brick City. We have an Associate Dean and five practice faculty members (3 ambulatory care, 2 inpatient).

Learn more about Springfield:  
<https://www.springfieldmo.org/>





# JORDAN VALLEY COMMUNITY HEALTH CENTER

Jordan Valley Community Health Center (JVCHC) is a Federally Qualified Health Center (FQHC) founded in 2003 to provide medical services to the Springfield community. Today, JVCHC is the largest FQHC in Missouri, serving over 70,000 unique patients, with nine clinics offering medical, dental, behavioral health, and optometry services in five Southwest Missouri communities. JVCHC is recognized for its unique integrated model of healthcare with programming focused on bettering our patients and communities one individual at a time. Clinical Pharmacy Services (CPS) is housed within the family medicine department and is located at the main campus in downtown Springfield with telehealth capabilities to provide services to the satellite clinics. CPS functions under a collaborative practice agreement to provide chronic disease management, consults, and drug information resources. In addition to a pharmacy resident, Jordan Valley has 6 family medicine residents, 2 psychology interns, 1 PsyD post-doctoral candidate, and many health professional students.

Learn more about  
Jordan Valley:  
[https://youtu.be/  
ETCEHtpKys](https://youtu.be/ETCEHtpKys)



# PRIMARY PRECEPTORS

## **Lisa M Cillessen, PharmD, BCACP**

Dr. Lisa Cillessen is a Clinical Associate Professor in the Division of Pharmacy Practice and Administration at UMKC School of Pharmacy at MSU and serves as the Residency Program Director for the PGY2 in Ambulatory Care. She earned her Bachelor of Science degree in Cell and Molecular Biology from Missouri State University in Springfield, Missouri and her Doctor of Pharmacy degree from The Ohio State University in Columbus, Ohio. She completed a PGY1 Pharmacy Practice Residency in Ambulatory Care and Academia at Northeastern University and Harbor Health in Boston, Massachusetts. Dr. Cillessen practices as an ambulatory care pharmacist at Jordan Valley Community Health Center, providing chronic disease management services to the uninsured and underinsured.



## **Paul O Gubbins, PharmD**

Dr. Gubbins is the Associate Dean for the UMKC School of Pharmacy at MSU, Vice-Chair and Professor in the Division of Pharmacy Practice and Administration. He earned his Doctor of Pharmacy from the University of Illinois at Chicago (UIC). He then completed the two-year clinical pharmacy residency program at the University of Kentucky in Lexington, and a two-year fellowship in infectious diseases pharmacotherapy at UIC. For over 21 years he was a faculty member at the College of Pharmacy at the University of Arkansas for Medical Sciences in Little Rock, Arkansas. There, he rose to the rank of professor with tenure and served as chair of the Department of Pharmacy Practice and the director of clinical research. He also served UAMS as a member of their IRBs for 20 years including serving two terms as the IRB chair and as a member and leader of their Conflict of Interest committees. He joined the faculty at UMKC in 2014.



## **Additional Preceptors**

Brandi Bowers

Elizabeth Englin

Heather Lyons-Burney



# A DAY IN THE LIFE OF A RESIDENT

The resident is integrated into the four components of clinical pharmacy faculty: Clinical Practice, Scholarship, Teaching, and Service.

## Clinical Practice

The resident spends 3-4 days a week in clinic at Jordan Valley providing clinical pharmacy services under a collaborative practice agreement, focused in chronic care management, and assists with an ADA accredited Diabetes Education Program. The resident participates in all levels of clinical practice, management of an ambulatory care pharmacy practice, and expansion of pharmacy services into new disease states or areas of the clinic. The resident participates in shared visits with the family medicine residents and actively participates in a quarterly interprofessional Grand Rounds. Additionally, the resident participates in MSHP's New Practitioner Workgroup.



## Teaching

The resident is integrated into several lectures, skills-based labs, and IPE events at UMKC and will work with our preceptor to develop skills to enhance their classroom experiences. Additionally, the resident serves as a co-preceptor and preceptor for IPPE and APPE students on rotation at JVCHC. Courses the resident is currently integrated into include: Pharmacotherapy I, Pharmacotherapy III Lab, and Pharmacy Practice Leadership, Management and Innovation (other courses are available as well).



## Scholarship

The resident completes a required research project. The project will be selected by the resident with guidance from the preceptors and may be clinically or scholarship of teaching and learning based. The resident presents their research at the local and national level and writes a manuscript suitable for publication.



## Service

The resident actively participates in meetings at the local, departmental, and school level for UMKC SOP. Additionally, the resident serves on a School of Pharmacy committee of their choice and assists with student organizations. The resident leads a monthly leadership topic discussion for local faculty and staff.





## OUR RESIDENTS

### **2024-2025 Zach Stroud, PharmD**

Research Project: Assessing the National Hepatitis C Cascade of Care Screening and Eradication Goals at a Federally Qualified Health Center

PGY1: Albertsons Pharmacy/Idaho State University - Community Pharmacy

PharmD: University of Missouri-Kansas City

### **2023-2024 Geoffrey Vaughn, PharmD**

Position After Residency: United States Medical Center for Federal Prisoners in Springfield, MO

Research Project: Assessing barriers to mental health medication adherence in college students with depression and anxiety transitioning to collegiate life

PGY1: Mercy Hospital Joplin

PharmD: University of Arkansas for Medical Sciences



### **2022-2023 Katelyn Mouser, PharmD, BCACP**

Position After Residency: Clinical Pharmacist at Federally Qualified Health Center Urban Health Network (FUHN) with the College of Pharmacy-Clinical Affairs Division at the University of Minnesota in Minneapolis, MN

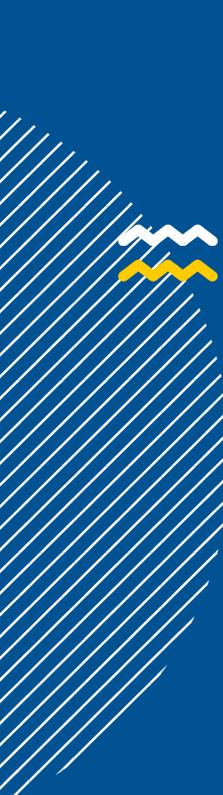
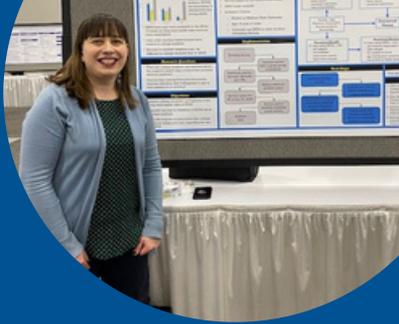
Research Project: College SPOTS For Nicotine:

Students' Perceptions, Obstacles, and Treatment Solutions

PGY1: University of Iowa College of Pharmacy - Community Pharmacy

PharmD: Drake University





## OUR RESIDENTS

### **2021-2022 Jessica Witt, PharmD, BCACP**

Position After Residency: Clinical Assistant Professor at the University of Nebraska in Omaha, NE

Research Project: Barriers to Medication Error Reporting in a Federally Qualified Health Center (Barriers to MEET in a FQHC)

PGY1: Alps Pharmacy Community Pharmacy

PharmD: University of Missouri-Kansas City

### **2020-2021 Emily Eddy, PharmD, MSLD, BCACP**

Position After Residency: Clinical Assistant Professor and Director of Pharmacy Lab Series at Texas Tech University in Dallas, TX

Research Project: Student Perceptions of Leadership Development within Pharmacy School

PGY1: Albertsons Companies - Jewel-Osco Division Community Pharmacy

PharmD: Drake University



### **2019-2020 Kristina Nikl, PharmD**

Position After Residency: Clinical Pharmacist at Hy-Vee in Cedar Falls, IA

Research Project: Exam Writing: assessing the effectiveness of a faculty development seminar and a self-developed multiple-choice question writing tool in a school of pharmacy

PGY1: Creighton University Community Pharmacy Practice

PharmD: Drake University

### **2018-2019 Ashlyn Aguiniga, PharmD, BCACP**

Position After Residency: Assistant Professor of Pharmacotherapy at the University of North Texas in Fort Worth, TX

Research Project: Implementation and Evaluation of a Patient-Centered Diabetes Education Program Based on Patient Preferences

PGY1: University of Wyoming Family Medicine Residency/ Healthcare for the Homeless

PharmD: University of Kansas

