

March 2024

From the Dean's Den

*A note from Valerie Ruehter,
Assistant Dean of Experiential Learning*



Hello preceptors and welcome to the inaugural newsletter from the UMKC Office of Experiential Learning! The goal of the newsletter is to provide you with brief updates from the school, offer successful precepting tips, recommend preceptor development programs, highlight CORE ELMS features and efficiencies, and promote the great work you do for the school, our future pharmacists, and the profession!

In this edition, we shine a light on our *Preceptors of the Year*, whom we celebrated during Alumni Weekend in the fall. Check out the “*CORE Corner*”, where you will find information on how to link your accounts if you are a preceptor for more than one school that uses the program. See the list of “*Precepting Pearls*” and find one new thing you can incorporate into your rotation.

We hope you find the content of the newsletters to be beneficial in your role as a preceptor. We plan to distribute the newsletters twice a year – once in the spring and once in the fall, where they will include timely reminders for the rotation year. We are open to hearing what you want to see in the newsletter so please contact one of us with your suggestions. Please share the newsletter with your colleagues and let us know your thoughts!



Well-Being Minute

Feeling Overwhelmed? Try some of the strategies listed below. Visit the following link: [What to do When You Feel Overwhelmed](#) for more information.

1. Pause and breathe
2. Talk about your feelings
3. Practice mindfulness or meditate
4. Be gentle with yourself
5. Make a “no” list
6. Delegate tasks
7. Journal your thoughts
8. Prioritize your sleep
9. Focus on what you can control
10. Get moving
11. Break tasks into smaller steps
12. Schedule worry time



CORE ELMS Corner

Link two accounts:

Do you precept students from more than one school that uses ELMS? [View this quick video to learn how to link accounts together.](#)

Reset a password or login information:

Email Amanda DeBoef, deboefa@umkc.edu, and request a re-set. You must have a current/active CORE account in order to get your login information reset.



Call for Accreditation Participation!

Dear Preceptors,

UMKC School of Pharmacy is actively preparing for a three-day, on-site accreditation visit from the Accreditation Council for Pharmacy Education (ACPE), which is scheduled for [April 2-5, 2024](#). Part of this visit will include the site reviewers' examination of the School's experiential curriculum. During this portion of the visit, the reviewers wish to meet with a group of our pharmacist preceptors who work directly with the IPPE and APPE students during the year. The purpose of the meeting will be to review the program's experiential education structure, learn how preceptors are trained and engaged with the program, and discuss any issues relating to the experiential education curriculum and its delivery.

[UMKC Preceptor Breakfast Meeting with ACPE](#)

Thursday, April 4, 2024

7:00 AM to 8:30 AM

Locations:

- **Health Sciences Building** in Kansas City (2464 Charlotte Street)
- **Lewis Hall** in Columbia (701 S Fifth Street)
- **Brick City** in Springfield (327 West Mill Street)

**Alternatively, if traveling to campus is not feasible, preceptors may participate via Zoom.*

If you are interested in participating in the site visit meeting with reviewers, please submit your information through this link by **March 15, 2024**:

https://umkc.co1.qualtrics.com/jfe/form/SV_bdXIIWsd3yRwVSe

Thank you for considering this opportunity to provide meaningful feedback and contribute to the growth of our program. Please contact Dr. Ruehter, Dr. Brownfield, or Dr. Schauner directly if you have any questions.

Thank you for your ongoing support!



Preceptor Development Opportunities

Continuing Education and Preceptor Development Events

American Pharmacists Association Preceptor Guide:
Available for download from [APhA](#)

On-Demand Offerings:

- [NEW! CEImpact Podcast, Club "J" - Making Journal Clubs Fun and Effective](#) (Free at CEImpact)
- [NEW! ASHP Educator Essentials interview with our own Mary Douglass Smith: ARISE and Shine: Preceptor's Role in Mitigating Bias and Responding to Exclusionary Behaviors](#) (Free at ASHP)
- [NEW! Mental Health Primer for Preceptors: Tips for Supporting Learners With Mental Health Challenges](#) (Free at APhA) Note: Scroll to find fourth article on Mental Health Primer, the link will open an Adobe file with full access to article content.
- [Medication Safety and Quality Improvement in Community Pharmacy](#) (Free from NABP) Click [here](#) to learn more:
- [Precepting Generation Z](#) (Free for ASHP Members)
- [Exploring the Pass-Fail Grading Model in Pharmacy Education](#) (Free for ASHP Members)
- [FDA Proposed Rule revising the NDC format](#) (Free from FDA)
- [Precept Responsibly Podcast](#)

Preceptors of the Year Winners 2023



Left to right: Ashley 'Kate' Cummins, Anne Hayes, Jordan Rowe, Austin Morgan, Chuck Trebilcock

**Ashley 'Kate' Cummins,
PharmD**
Phillips Family Pharmacy

"I try to create a relationship of trust and curiosity with each student, so that I can get to know them and help them achieve their goals as well as allow them to feel comfortable coming to me with questions during their rotation and after."

**Jordan Rowe, PharmD,
BCACP, BC-ADM**
University Health Endocrinology
& LGBTQ Care Clinic

"I find it rewarding to see students grow into their own professional identity, going from a student mindset to a pharmacist mindset and taking on the responsibility of improving patients' health."

Anne Hayes, PharmD, BCPS
St. Luke's Hospital – East

"I love seeing students gain confidence in their abilities."

**Austin Morgan, PharmD,
BCACP, CDCES**
Tria Health

"I enjoy working with learners with all sorts of background experiences and different career goals and seeing them develop transferable skills that they can use wherever and however they practice pharmacy moving forward."

Chuck Trebilcock, BS Pharm, MTS
Burrell Behavioral Health Pharmacy

"I learn just as much (if not more) from my students as they learn from me. Hearing their ideas and perspectives on the practice of pharmacy is always refreshing and keeps me informed and optimistic about the future of the profession."



SCHOOL REMINDERS

Summer 2024 IPPE Blocks:

- Block 1: May 20th to June 7th
 - Block 2: June 10th to June 28th
 - Block 3: July 1 to July 19th
 - Block 4: July 22 to August 9th
- Watch for an email from OEL Team alerting you to rotation evaluations (when available and how to access).
 - Be sure to fill out your student evaluations prior to the end of the semester!

UPCOMING CONFERENCES

- APhA Annual Meeting & Exposition Orlando, Florida March 22-25, 2024 Registration Information [here](#).
- AACP Upcoming Events. Click [here](#) for more information.
- MPA Annual Conference August 29 - 31, 2024 in St. Louis, MO. Click [here](#) for more information.
- MSHP Upcoming Events, click [here](#) for details.

SCHOOL EVENTS - DON'T MISS OUT!

Do you know any current students or adults interested in the field of healthcare? More information found [here](#). Contact Steve McDonald with questions: mcdonalds@umkc.edu.

Pharmacy Summer Camp Dates:

June 7, 2024 - Columbia
June 21, 2024 - Springfield
June 28, 2024 - Kansas City

UMKC Career Fair and Residency Showcase

TBA (typically in November each year)

**Next, enjoy a brief
recap of recent
UMKC SOP
Events.....**

SPRINGFIELD CARDINALS

August 2023

GAME



"It was a fabulous event! Seeing so many alums from the Springfield site was great. It was so much fun to recount the many stories. I truly enjoyed catching up and hearing about how they are thriving in their personal and professional lives."

-Dr. Paul Gubbins

MU Tailgate

September 2024

“Getting back together again at the Tiger Tailgate with our UMKC family was such a great experience. And what a game it was, with a last second field goal for the win! We are looking forward to continuing the tailgate tradition.”
-Dr. Erica Ottis



Join Our Team!

MISSION

To educate, innovate, discover, engage and serve to improve health.

VISION

Shaping the future of health care, improving lives.

The University of Missouri-Kansas City School of Pharmacy, with sites in Kansas City, Columbia and Springfield, offers rewarding learning and career experiences in both urban and rural settings. Our students and graduates strive to improve the health of our communities by serving others, modeling leadership, and seeking excellence in all they do.

UMKC School of Pharmacy	FALL SEMESTER	WINTER SEMESTER	SUMMER
YEAR 1			Introduction to Community Pharmacy Practice — 120 contact hours
YEAR 2			Introduction to Health Systems Pharmacy Practice — 120 contact hours
YEAR 3	IPPE General Medicine I — 45 contact hours	IPPE General Medicine I — 45 contact hours	
YEAR 4	APPE	• 1440 contact hours •	APPE

Become a New Preceptor Here:

(Scroll to bottom of page to find signup button)

(Note: If problems accessing link, try a different browser)

Preceptors play an imperative role in the growth and success of UMKC pharmacy students by shaping the future of pharmacy, training future colleagues, scouting talent, and marketing practice sites. Preceptors receive access to a number of university resources, including:

- Complimentary continuing experiential training & development
- Adjunct faculty appointment w/ UMKC School of Pharmacy
- Access to UMKC Library Resources
- Networking opportunities w/ future colleagues & peers

Contact us:

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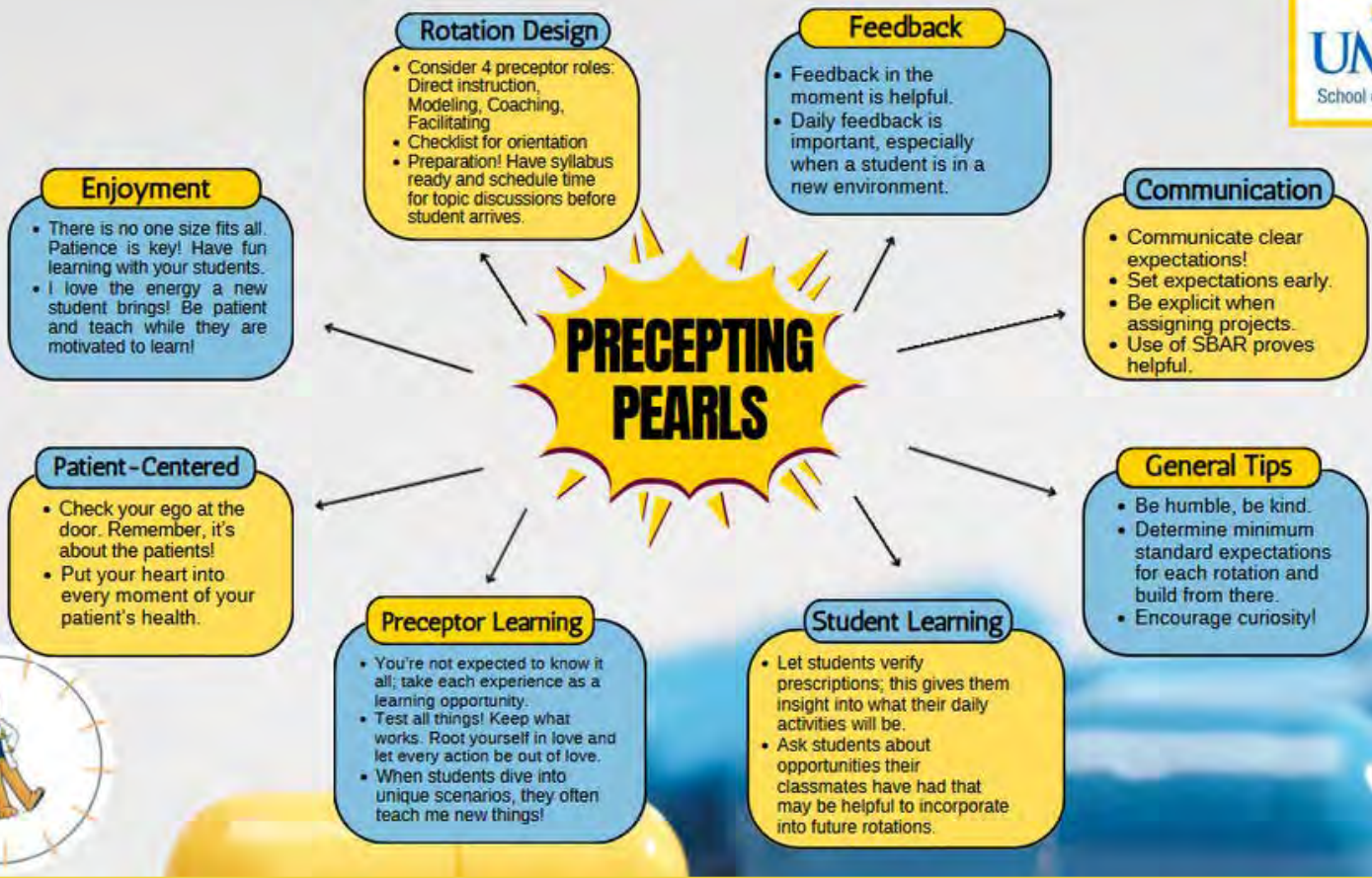
Stephanie Schauner

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PRECEPTING PEARLS



If you would like a full-page copy of this poster, click on this link: [Precepting Pearls](#), which was sent to all preceptors via CORE in January 2024. This document can also be found in the Preceptor Resources folder in CORE.



OFFICE OF EXPERIENTIAL LEARNING TEAM



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*What would you like to see in our next
edition of **Preceptor Press**?
Showcasing a new site, sharing
innovative practices ideas, highlighting
student activities, group service
projects, etc.? Please send ANY
thoughts, suggestions, and wish-list
ideas to: Mandi DeBoef @
deboefa@umkc.edu.*

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Meet a Team
Member...

Stephanie Schauner

Assistant Director of Experiential Learning
Preceptor Development & Recruitment

Stephanie Schauner has been with the University of Missouri-Kansas City School of Pharmacy since August 2007. She is currently a Clinical Associate Professor with interests in hormone therapy, preventive health measures, and chronic disease management. Stephanie practices as a family medicine pharmacist in an outpatient setting, and has precepted over 200 pharmacy students. In September 2022, she joined the Experiential Learning Team, with a focus on preceptor development and recruitment, as well as quality assurance. The most rewarding part of this role is connecting with, and assisting, in the development of individuals, particularly in the realm of precepting!

Outside of Dr. Schauner's pharmacy career, she enjoys reading, listening to music/attending concerts, and co-leading her daughter's Girl Scout troop. Additionally, she and her husband spend a lot of time at soccer and softball fields, basketball and tennis courts, track and field events, and cheer/dance performances with their three children (if you ever see her out in the community, she hopes you will come say 'hi!'). As a family, they enjoy spending time with family and friends, traveling, biking/hiking, going to the lake, and watching movies and documentaries.



Meet a
Team Member...

Amanda DeBoef

Administrative Assistant, CORE Liaison

Manndi has worked for the UMKC School of Pharmacy since May 2014. She has worked in the Office of Experiential Learning since January 2023. Manndi handles IPPE, Gen Med, and APPE tracking. She also works on communication distribution, and as a CORE liaison, troubleshooting issues such as gaining Library Access, resetting login information, and any other issues that may arise.

Manndi is mom to two sons, Liam (13) and Waylan (11). She enjoys being a 'boy mom' and attending her sons' basketball games, scouting activities, and school events.

Manndi enjoys working as a freelance writer for *Ozarks Farm and Neighbor* as well as *Connections Magazine*, two monthly publications that serve SW Missouri, NW Arkansas, and NE Oklahoma. She also writes for several parenting blogs and had her first book published in September 2022.

When not writing or transporting her sons to their various activities, Manndi enjoys flea marketing, travel, reading, biking, and crocheting. '*Live a life worth writing about*' is her motto and she strives everyday to exemplify this vision.

